

Q&A With MEDNAX's Don Cox

Featuring Don Cox, Chief Information Security Officer at MEDNAX



INDUSTRY

Healthcare

COMPANY SIZE

7,000+ employees

SECURITY CHALLENGES

- +Traditional AV impacting application performance
- +Complicated user interface

PRODUCT

- CB Defense
- CB Protection
- CB Response

KEY BENEFITS

- +Consolidation of security stack
- +Improved security hygiene

How did you get started on your career path?

I always wanted to be a cop growing up, so my first job was serving in the U.S. Army military police doing physical security, which was my first experience with communication security. Years later, I moved to Washington, D.C. to work in a fraud and computer crimes unit to help them collect data and do analysis on seized computers and phones.

I enrolled in graduate school to earn a master's degree in IT, and completed an executive CIO program. At the time, CIOs were starting to get a seat at the table, and mentor CIOs recommended I go into the federal government, which is when I moved to the State Department to help build out their computer forensics.

After several years working in the public sector, I was recommended for the CISO position at MEDNAX and I jumped at the chance to work there.

How has the industry changed since you first started?

The challenges in the cybersecurity industry have become enormous, but fortunately the people in this industry are becoming a lot smarter, as there are more training opportunities for individuals to get the right skill set. Another thing getting smarter are the tools we use, their capabilities and their integration capacities. For example, with Carbon Black, if I buy CB Protection, CB Response and CB Defense, not only am I getting cost savings but I'm also getting a product suite that integrates with other products.

"Since integrating the entire Carbon Black product suite into our security stack, we've seen a lot of value with our security hygiene."

- Don Cox, Chief Information Security Officer

Why did MEDNAX choose Carbon Black and what is the value you've seen since using it?

With a nationwide presence, we wanted to standardize and simplify our environment to get all of our endpoints under one umbrella. Since integrating the entire Carbon Black product suite into our security stack, we've seen a lot of value with our security hygiene. We have some applications that can be very temperamental and our previous antivirus (AV) was impacting performance. When we put Carbon Black on those applications, it didn't interfere with the performance — it worked seamlessly.

How did you instill your security practices onto your team?

I advise my team to read, follow blogs and attend trainings at least two to three times a year for the products we're using. I tell them, "Never think you know it all because there's always somebody out there smarter than you." It's important to me that my staff try different things and discover what their passions are. When people are passionate about something they are 100% committed and they'll go the extra mile to learn more and innovate.

What would be your advice to other CISOs?

I believe that it's important to experience every role that a CISO oversees. Start out at the service desk to learn what it does and its features and functionalities. Then move into network operations, because that's where a lot of the traffic traverses in the organization. Finally, move into the engineering side for even more depth. Ultimately, try to get training and experience in as many tools as you can, and always be learning.

About Carbon Black

Carbon Black (NASDAQ: CBLK) is a leader in cloud endpoint protection dedicated to keeping the world safe from cyberattacks. The CB Predictive Security Cloud (PSC) consolidates endpoint security and IT operations into an endpoint protection platform (EPP) that prevents advanced threats, provides actionable insight and enables businesses of all sizes to simplify operations. By analyzing billions of security events per day across the globe, Carbon Black has key insights into attackers' behaviors, enabling customers to detect, respond to and stop emerging attacks. More than 5,600 global customers, including approximately one third of the Fortune 100, trust Carbon Black to protect their organizations from cyberattacks. The company's partner ecosystem features more than 500 MSSPs, VARs, distributors and technology integrations, as well as many of the world's leading IR firms, who use Carbon Black's technology in more than 500 breach investigations per year.

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