At a glance
Virtual desktops help consolidate end-user applications and data into well-managed data centers—thus lowering costs and improving data protection. However, they expose data center infrastructure to end-user security violations. VMware enables easy micro-segmentation for virtual desktops, thereby isolating end users from data center infrastructure.

Key highlights
• Uniform security infrastructure: Use a single firewalling infrastructure for the entire data center, including security zones, applications, and the virtual desktop infrastructure (VDI).
• Compact policies: Define compact security policies using intuitive constructs such as user-id, application-id, and security tags.
• Restricted lateral movement: Isolate virtual desktops from the VDI back end and the rest of the data center infrastructure, thereby restricting the lateral movement of threats.

Virtual desktops offer simplicity, savings, yet introduce threats
VMware Horizon enables centralized hosting of users’ desktop sessions using either Remote Desktop Session Host (RDSH) or virtual desktop pools. The consolidation of end users’ applications and data reduces infrastructure costs and improves manageability and data protection. However, since users’ desktops are occasionally breached, their proximity to sensitive data center infrastructure presents a new threat. An attacker might take over a user desktop and use it to infiltrate nearby servers. Security teams must isolate virtual desktops and block lateral attacks.

Solution: Distributed Firewall for virtual desktops
The VMware NSX Distributed Firewall protects East-West network traffic across multi-cloud environments with stateful layer 2–layer 7 distributed firewalling. The Distributed Firewall supports fine-grained segmentation of the data center network, down to the individual workload, and includes user identification and application identification. Using the Distributed Firewall, admins can isolate virtual desktop zones from other data center infrastructure, inspect the traffic between the zones, and block potential lateral movement.

Typically, users have different access rights to applications and resources based on their role (e.g., only the finance group can access financial systems). However, virtual desktop sessions share IP addresses between users, complicating enforcement of proper access rights using just IP addresses. The Distributed Firewall’s identity-based firewalling capability seamlessly integrates with Active Directory. Thus, admins can use the Distributed Firewall to control user access to resources based on their Active Directory groups and identity.

Distributed Firewall for Virtual Desktops
Micro-segment VDI environments to isolate desktops and block the lateral movement of threats
Use cases (see figure 1)

Protecting VDI Infrastructure:
Leverage the distributed architecture of the Distributed Firewall to protect the VDI infrastructure itself, including the Horizon management components.

Isolating desktop pools: Isolate vulnerable user desktops from the rest of the data center infrastructure, via the network segmentation capabilities of the Distributed Firewall.

User-based access control: Define security policies based on users’ identity and Active Directory group membership. Use the Distributed Firewall to inspect and enforce user access control rights to designated applications and data center resources.

Agentless anti-virus: Easily insert anti-virus inspection into every virtual desktop, without the overhead of licensing or deploying agents on the desktop.

Learn more
Check out these resources to learn more about how to protect your virtual desktops. Reach out to your VMware Sales Representative for further details.

VMware Horizon
NSX Data Center
NSX Distributed Firewall
Independent Solution Test

Key capabilities

**Distributed micro-segmentation**
The Distributed Firewall utilizes the VMware NSX virtual network to isolate and segment resources regardless of the underlying physical network. Its distributed architecture supports stateful network traffic inspection and policy enforcement on a per-workload granularity.

**User-based policies**
Through its integration with Active Directory (AD), the Distributed Firewall enables user-specific security policies. User access to critical data center resources is governed by their AD group membership and access rights.

**Compact object-based model**
Security policies are based on a high-level object model, using attributes such as OS type, VM names, and Active Directory entries. This model eliminates dependencies on ephemeral IP addresses and low-level traffic attributes while enabling isolation of virtual desktops with just a few policies.

**Centralized control**
Security policies are defined centrally and distributed throughout the network. A central control plane ensures consistency across virtual desktops and a hybrid network composed of VMs, containers, bare-metal machines, and cloud services.
VMware Horizon + Distributed Firewall = secure virtual desktops

VMware Horizon is a comprehensive solution for desktop virtualization. The Distributed Firewall adds a security layer to desktop virtualization, protecting critical data center resources from lateral attacks initiated via users' desktops. Combined, VMware Horizon and Distributed Firewall provide operational benefits inherent to desktop virtualization while mitigating its security challenges.

Independently tested

Coalfire, a leading cybersecurity advisory firm, has independently tested the Distributed Firewall capabilities for protecting virtual desktops. The tests conducted at the Coalfire Labs illustrated how cyber-attacks launched through virtual desktops can be averted by the Distributed Firewall.